

JOIN US

FOR THE 2018 Friends of the Poor

WALK

or

YOGA



Upon arrival, enjoy drinks, snacks and great conversation. Then begin your guided tour thru breathtaking gardens and hiking trails leading you back to the Gabis Railway Garden.

Katie Ogg, Certified Yoga Instructor from Asana Yoga Center in downtown Valparaiso will be leading us. Katie teaches in a fun, flowing style emphasizing breath and inner awareness.

(Bring Your Own Mat!)

*ALL PROCEEDS (100%)
GO DIRECTLY TO LOCAL
FAMILIES PROVIDING
BASIC HUMAN NEEDS
(food, shelter, warmth, etc.)*

Gabis Arboretum
(formerly Taltree)
450 West, 100 North
Valparaiso, IN

Gates open at 8:30 am,

Walk & Yoga begin at 9 am

Septemer 29, 2018